

Mother's Day Walk/Run 6km/12km

Saturday, May 13, 2017

Vulcan County Health and Wellness Foundation is holding a Mother's Day Walk/Run, with all proceeds going towards the Vulcan Community Health Care Center Expansion Project. Pledge sheets are available at the Foundation Office, on the website or we can send one to you.

Entrants will enter a 6km or 12km distance, and pledges can be made either per km or as a flat amount.

Participants will collect pledges and submit them by **May 9, 2017** to the Foundation office.

All pledges \$20.00 and over will receive a tax receipt. Every donation is **TRIPLED** as the Town of Vulcan and Vulcan County match each contribution.



110 – 1 Ave S, P.O. Box 28,
Vulcan, AB T0L 2B0 403-485-3147
Www.vchwfoundation.com

Carnations and prize draws for the Mom's participating

Prizes for Person with Most Pledges
 Family with most participants

8:30 am Registration at the Kinettes
 Bench—1 km marker

9:00am Walk/Run begins

10:30—12 Food provided by the Vulcan
 Kinsmen at the Arena

Parent supervised activities
provided for ages 6 and un-
der by the Early Childhood
Coalition

